

Women's Health Research at Yale

factoring in gender



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Mazure Inducted into Connecticut Women's Hall of Fame

Women's Health Research at Yale Founder-Director Honored for her Influence on Gender-Specific Research

New Haven, Conn. – Carolyn M. Mazure, Ph.D., Director of *Women's Health Research at Yale*, has been inducted into the Connecticut Women's Hall of Fame.

Mazure was honored in a recent ceremony and celebration in Hartford as the visionary founder of *Women's Health Research at Yale*, which she created in 1998 based on the premise that understanding gender differences is vitally important to the health of both women and men.

The interdisciplinary program has become a national model, and is dedicated to exploring the wide range of conditions that are more prevalent in women or for which the causes, treatment and prevention have gender-specific differences.

At the ceremony, Mazure said she was grateful for the Connecticut Women's Hall of Fame's focus this year on women in health care, and for the support of community members, and the personal commitments of *Women's Health Research at Yale's* many supporters.

"Thank you for sharing this vision, for caring about women's health, for continuing this work so we can make a sustained difference, and thank you for this wonderful honor," Mazure said.

Mazure was one of three women in health care inducted for 2009 at the Connecticut Women's Hall of Fame's annual ceremony and celebration, held October 29th at the Hartford Downtown Marriott. The evening event also honored Connecticut's three women hospital presidents and CEOs, including Marna P. Borgstrom of Yale-New Haven Hospital.

The Connecticut Women's Hall of Fame, founded in 1993, each year showcases the contributions that outstanding women from the state have made to their communities, Connecticut and the nation. Prior inductees from Yale include Patricia Goldman-Rakic, Ph.D., and Joan Steitz, Ph.D.

Mazure, an internationally recognized researcher, is professor of psychiatry and psychology and associate dean for faculty affairs at Yale School of Medicine.

From early in her career, Mazure was keenly interested in examining gender differences, and she understood the value of uncovering them in her own field studying depression. She was the first to show that stress is a more potent pathway to depression in women than in men. She also realized the wider value of such information and recognized that it was sorely lacking across many fields of biomedical research.

It was not until 1993 that the National Institutes of Health, the largest source of biomedical research funding in the U.S., began requiring researchers to consider including women as participants in clinical studies. When women were included as subjects in studies, health outcomes traditionally were not analyzed by gender.

Under Mazure's guidance, *Women's Health Research at Yale* has made great strides in addressing disparities in biomedical research by initiating and nurturing groundbreaking studies of the health of women and gender-specific aspects of health and disease.

For more information about Mazure and *Women's Health Research at Yale*, visit www.yalewhr.org.