

Stephenson Milex Biopsy Technique

Mary Stephenson, MD
Women's Health Centre
Vancouver, BC Canada
mstephenson@cw.bc.ca

Curette

Uterine Explora Model I with Vacu-Lok Syringe

Milex Product Codes: 3mm #120

Nylon curette with sharp Randall-type cutting edge to assure better sampling from all areas of the endometrial cavity. Vacu-Lok syringe allows you to adjust the suction from approximately 15 to 20 inches Hg negative pressure.

Nylon Curette 7 3/4" long with Randall-type cutting edge and Vacu-Lok Syringe
Latex Free
Sterile/Disposable/One-time use
Packed 25 per box

Milex Products, Inc.
4311 N. Normandy Ave.
Chicago, IL 60634
773-736-5500
800-621-1278
Fax: 773-736-5256
customerservice@milexproducts.com
www.milexproducts.com

Technique

Bimanual exam of uterus, need to know position because catheter is rigid. Cleanse cervix with Betadine swab, apply xylocaine spray to external os. Insert catheter to anterior fundal wall. Pull back syringe to **1 or 2 cc only**, further will just cause more discomfort. Apply back and forth motion to obtain sample. Avoid the lower uterine segment because it is usually not as well developed. **Release the pressure in the syringe before removing catheter.** This will allow the specimen to remain in the catheter and not in the syringe. Gentle push the tissue out of the catheter into the formalin (or cut tip off before pushing tissue out to minimize damage to specimen).

10-20% of the time you may need to use a tenaculum on the anterior lip of the cervix.

Failure rate (unable to insert or inadequate specimen) estimated at 5%.