



ENDOMETRIAL FUNCTION TEST[®] (EFT[®])

Biopsy Submission Protocol

- For a natural cycle screen, a cycle day 24 biopsy (LH+11) is usually sufficient. For an IVF-like mock cycle, see the Grunert protocol on our website. For mock cycles, it is often useful to also assess PR and p27 on cycle day 15 (second **FULL** day of P for mock cycles). Note, we assume the urine LH surge occurs on cycle day 13, ovulation and the first **FULL** day of P are defined as day 14. Preferred biopsy dates, in order:
d24: d24, d25, d26, d23, d27. Please do not send samples earlier than cycle day 23.
d15: d15, d16, d14, d17. Please do not send samples later than d17 or earlier than d14.
- Perform a standard endometrial biopsy (if using a Pipelle, biopsy only once per insertion, pull plunger, rotate Pipelle as you withdraw from the uterus). Also consider using a Milex Uterine Explora Model I Curette (see web site for details).
- **Cut tip of Pipelle or curette off before ejecting tissue into fixative.**
- Place in standard 10% Neutral Buffered Formalin (NBF) in soft plastic (polypropylene) tube or jar with tight cap. Biopsies should be sent the same day as the procedure, except on Fridays and weekends, in which case the biopsy should be refrigerated and sent the following Monday.
- Send only via **FedEx Priority Overnight** (overseas clinicians can use standard airmail). Please place biopsy container in a Ziploc bag, place that bag in a strong container, place the container in a FedEx supplied BioHazard Pak.
- Optimal days of biopsy and shipping are Monday through Thursday to avoid weekend receipt (the specimen may be returned to you if received on Saturday).
- We will not be able to process any biopsies without all the requested patient information in the *Request for EFT[®]* form, the HIPAA form, and payment. Money orders or cashier's checks for \$459 can be made out to **Yale University** for each biopsy.  and  are also accepted (see *Request for EFT[®]* form).

Questions or problems? Contact:

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