

Ehsan Alam, MD

Yale Spine Institute,

Yale School of Medicine,

Department of Neurosurgery.

Licensure: Connecticut full license (current)

Maryland full license (current).

Florida full license (current).

Board Certification: Board certified in Physical Medicine and Rehabilitation, May 2008.

Education and Training:

Spine Medicine Fellow at Center for Spine Health, Cleveland Clinic Foundation, Cleveland, Ohio, (07/07 to 06/08).

Physical Medicine and Rehabilitation residency at Metro Health Rehabilitation Institute of Ohio, Case Western Reserve University, Cleveland, Ohio, (07/04 to 06/07).

Research Fellow. Performed research duties with Dr. Jamshed Beg Mirza: “Hepatitis-C as a cause of liver carcinoma”, Lahore Pakistan, (08/03 to 05/04).

PGY-1 Internship, completed at Easton Hospital, Easton, PA, affiliate of Hahnemann School of Medicine, Philadelphia, PA, (07/02 to 06/03).

Family Practitioner at Asghar Ali Hospital, Lahore Pakistan, (03/98 to 05/02).

Internal Medicine Internship at Mayo Hospital Lahore, Pakistan, (06/97 to 11/97).

Bachelor of Medicine and Bachelor of Surgery, 5-year medical degree through King Edward Medical College, Lahore, Pakistan, (09/90 to 11/96).

Additional Skills:

Acupuncture Training. Completed 296 hours of Acupuncture training through Department of Pain Research, University of Irvine, California.

Certificate Course in Osteopathic Manipulation through Department of Continuing Education, Harvard School of Medicine, Boston, MA.

Manipulation Course for spine through Cleveland Academy of Osteopathic Medicine, Cleveland, Ohio.

Publication:

Inpatient Cancer Rehabilitation: A Retrospective comparison of transfer back to acute care between patients with neoplasm and other rehabilitation patients, Archives of PM&R, July 2008.

Professional Awards:

Best Resident Research Award, Metro Health Rehabilitation Institute of Ohio, Case Western Reserve University, Cleveland, OH, (2006).

Full 5 year scholarship, from Punjab University for academic honor for medical education, (1990-1995).

Col. Abid Hussain Gold Medal for achieving highest score in pre-medical graduating class

Professional Memberships:

Member American Academy of Physical Medicine and Rehabilitation.

Member Physiatrix Association of Spine, Sports and Occupational Rehabilitation

Member American Academy of Neuromuscular and Electrodiagnostic Medicine.

Presentations:

Acupuncture side effects and complication, Grand Rounds presentation at Cleveland Clinic Foundation.

Shoulder examination, resident lecture series, Metro Health Rehabilitation Institute of Ohio.

Stroke in children, resident seminar at Cleveland Clinic Foundation (pediatric rehabilitation).

Back pain in young athletes, topic presentation for sports medicine club, University Hospital, Cleveland, OH.

A complete approach to groin pain, topic presentation for sports medicine club, University Hospital, Cleveland, OH.

Ankle sprains: Expedient assessment and management, resident topic presentation at Metro Health Rehabilitation Institute of Ohio, Cleveland, OH.

Voluntary Services:

Muscular Dystrophy Camp, medical coverage for the camp, Cleveland, OH.

Soccer coverage for middle school soccer team (Cleveland Stars) and Volleyball game coverage for community college through Metro Health Rehabilitation Institute of Ohio.

Member “House Officers Association” at Cleveland Clinic Foundation