

AMY B. LEWIS, M.D.

Amy B. Lewis, M.D. graduated Summa Cum Laude from the University of Pennsylvania. She then received her Medical Degree, with highest honors, from the Yale School of Medicine. Dr. Lewis moved to the New York area for a medical internship at Cornell/New York Hospital, and completed her Dermatology residency at the State University of New York Health and Science Center in Brooklyn where she acted as Chief Resident. She returned to Yale for a fellowship in Dermatological Laser and Reconstructive Surgery. After completing this specialized training, Dr. Lewis began working in private practice, while also performing several clinical studies pioneering Dermatological lasers at the Washington Institute for Dermatological Laser Surgery. She then settled in Manhattan, where she has built a premier private practice specializing in Cosmetic and Laser dermatology. In the summer of 2005, Dr. Lewis founded a Yale Cosmetic Dermatology Division within the Dermatologic Surgery Department. She is now a Clinical Assistant Professor of Dermatology at Yale University School of Medicine. Dr. Lewis is often quoted or featured in the media, both on television and in popular magazines. She lectures frequently at academic meetings and has numerous publications in her specialty.

Dr Lewis is a Certified Yoga Instructor, registered with the National Yoga Alliance. She believes that taking care of oneself is a full body challenge requiring mind/body and, of course, skin awareness.

Dr. Lewis is also a nationally renowned medical expert and consultant in the field of cosmetic dermatology. She has been chosen for myriad medical boards and publications, including:

- **Numerous segments on national television concerning sun damage, sun protection and safe tanning, laser treatments, Botox, and other cosmetic procedures.**
- **Certification of Amy B. Lewis, M.D., P.C. as an approved National Training Center for the *NEF (National Education Foundation)* to educate and precept physicians on the correct aesthetic administration of Botox-Cosmetic.**
- **Serving as one of four physicians chosen by Allergan for the *Botox NEF Advisory Board*, which evaluates**

- applications for membership in the *NEF* teaching faculty in the U.S. (2005-present).
- **Consultant for Kiehls, Canderm Pharma, IS Clinical Innovative Skin Care, Helena Rubenstein, Orlan, Hill Dermaceuticals Inc., Medicis, Neutrogena, Guthy-Renker, L'Oreal / La Roche Posay, and Unilever, Garnier Nutritioniste, and more.**
 - **Featured in National Television Commercial for Botox Cosmetic as a prominent woman dermatologist in the U.S.**
 - **Author of chapter "Laser Resurfacing in the Periocular Region" in the textbook *Atlas of Aesthetic Eyelid and Periocular Surgery*. (Philadelphia: Saunders; November 21, 2003).**
 - **Founder of the Cosmetic Dermatology Clinic at Yale Dermatologic Surgery, a practice of the Yale Medical Group.**
 - **Author of chapter "Alpha Hydroxy Acids" in the new edition of *Comprehensive Dermatologic Drug Therapy*. (Philadelphia: Saunders; March 8, 2007).**
 - **Presenting a Video News Release for Alyria Skin Care that introduced Canadian technology in anti-aging to the United States (filmed August 2005; aired 2006).**
 - **Serving on the *Kiehls Advisory Board*, an eight physician advisory board for the launch of new anti-aging products and development of future products. (2005 – present).**
 - **Featured National Dermatology Expert for the Unilever (by Vaseline Intensive Care) web and magazine marketing campaign launched in 2006.**
 - **Expert dermatologist quoted in *Wall Street Journal* (05/05), *New York Times Styles* (08/05), and many more!**
 - **Didactic instruction and training of Dermatology Residents on the correct injection technique for Restylane for the Einstein Medical Center and the Downstate Medical Center.**
 - **Nominated for Women of the Year by the governing Board of Editors of the American Biographical Institute, 2003 – 2005.**
 - **Nominated for America's Top Doctors, 2003 – 2007.**
 - **Established lifetime member of "Who's Who."**

CURRICULUM VITAE

**Amy B. Lewis, M.D.
120 East 75th Street
New York, NY 10021
212-288-6133**

EDUCATION

1989, MD *Yale University School of Medicine – AOA,
Cum Laude-Highest Honors*
1985, BA *University of Pennsylvania - Summa Cum Laude*

POST GRADUATE TRAINING

1993-1994 **Fellowship in Advanced Dermatologic Surgery with Special Concentration in Microscopically Controlled Surgery. Plastic Reconstruction and Laser Surgery** Yale University School of Medicine, New Haven, CT
1992-1993 **Chief Resident in Dermatology,** Downstate Medical Center SUNY HSC Brooklyn, NY
1990-1992 **Resident in Dermatology,** Downstate Medical Center UNY HSC Brooklyn, NY
1989-1990 **Intern in Medicine,** New York Hospital/Cornell Medical Center, New York, NY

LICENSURE AND CERTIFICATION

2007 – Present **Registered Yoga Instructor: Certified RYT with Yoga Alliance. Hatha Yoga Style, Anusara Inspired.**
2005 - Present **Dermatology Foundation: Leaders Society**
1996 - Present **Member, American Society of Laser Medicine and Surgery**
1996 - Present **Fellow, American Society of Dermatologic Surgery**
1995 - Present **Member, American College of Mohs Micrographic Surgery and Cutaneous Oncology**
1995 - Present **Fellow, American Academy of Dermatology**
1995 **Washington, DC, Medical license**
1993 - Present **Connecticut Medical license**
1993 - Present **American Board of Dermatology, Board Certified**
1992 - Present **New York State Medical license**
1990 **National Board of Medical Examiners**

MEDIA EXPERIENCE

June 2007 TV appearance on Fox and Friends on "Decoding the SPF." FOX's digital news channel is watched nationwide by more than a million viewers and subscribers.

July 2006 TV appearance on NBC early show on "ABC's of sunscreen." NBC's digital news channel feeds to more than 1 million subscribers and viewers nationwide.

June 2006 WHO's WHO of National Business Leaders recognized as highly respected professional in the Dermatology field, meriting earnest and intense consideration.

2006 Video News Release: for Alyria Skin Care- to introduce Canadian technology in anti-aging to the United States

October 2005 TV appearance on ABC NEWS NOW on "Hair Loss in Women" ABC's digital news channel feeds to more than 1 million subscribers and viewers nationwide.

2005 Featured in Allergan Inc. National Television Commercial for Botox Cosmetic® as a prominent woman dermatologist in the U.S., to be aired prime time on all three major networks CBS, NBC, and ABC.

August 2005 Channel 11 (WB11- TV) feature on creams, cleansers and self tanners.

2004 Channel 4 (WNBC-TV) "Today Show in New York" feature on hair removal lasers.

2003 Dermatology expert for various television and news segments:

- **News Release (Dolisos) on sun damage, sun protection, and safe tanning alternatives. Widespread release to ABC, NBC, and CBS networks nationwide throughout 2003.**
- **Channel 4 (WNBC-TV) "Today Show in New York" with Dr. David Marks – scar revisions and laser treatments.**
- **The Caroline Rhea Show Channel 4 (NBC National Network) – guest expert for Botox® and other cosmetic procedures.**

2001-2002: Dermatology expert for various news segments:

- **Fox News Channel (National Cable News Channel)**

Amy B. Lewis, M.D.

- **Channel 7 (WABC-TV) "Eyewitness News this Morning." Multiple appearances.**
- **Channel 4 (WNBC-TV) "Today in New York."**
- **News 12 Westchester (24-hour all-news TV station serving Westchester County).**

1996 Time-Life Medical Skin Cancer Video: C. Everett Koop Series. Mass produced educational video for patient education.

1994 News 12 Westchester: Medical Education Show. Expert for didactic session on skin cancer.

CONSULTANT/MEDICAL EXPERT

Quoted in numerous national newspapers and magazines including, but not limited to: Vogue, Fitness, Self, Parade, In Style, Cargo, Skin and Allergy News, Modern Bride, Latina, Shape, Wall Street Journal, Bazaar, New Beauty, Allure, Parade, Real Simple, O (Oprah) magazine, Redbook, Good Housekeeping, W magazine, New York Times Magazine, etc.

Garnier Nutritioniste. Consultant for skin care development. 2007.

Skin & Aging Magazine. "Clinical Advances in Photo protection: What's New under the Sun?" July 2007.

In Style: Best Beauty Buys. Selected as a Medical expert for product testing in 2005, 2006, 2007, 2008.

Self Magazine. Selected as one of their 32 national "flawless dermatologists."

New York Times Styles. Dermatology expert featured in Thursdays Styles on anti-aging creams. August 2005.

W magazine. Featured Dermatologist on sun damage, sunscreens and anti-aging. July 2005.

Wall Street Journal. Dermatology expert featured in Weekend Journal. Friday May 13, 2005.

Kiehl's Skin Care. Medical Advisory Board. 2005-Present.

Amy B. Lewis, M.D.

L'Oreal /La Roche Posay. Consultant for skin aging education and launch of French product line in the U.S., including Vitamin C, moisturizers, etc, 1998. Advisor 1998 - Present.

La-Roche Posay. Expert Dermatologist for media launch of new "Procedural Enhancement Skin Care" kits. May 2005.

Unilever. Vaseline Intensive Care product web and magazine marketing campaign launched in 2006.

Allergan Inc. The office of Dr. Amy B. Lewis, P.C. certified as approved National Training Center to educate and precept physicians on the correct aesthetic administration of Botox Cosmetic®.

Allergan Inc. One of four physicians in the United States chosen to the Advisory Board for the National Training Foundation (NEF) to review and select Physician applicants who would like to become National Botox Trainers.

Fitness Magazine. "Ask the Dermatologist" (recurring column). Expert advice for skin care questions. 2004

Helena Rubenstein. Spokesperson for product launches and dermatologic expert at multiple events in 2003.

Orlane. Consultant for product development and launches 2002

Hill Dermaceuticals Inc. Dermatology expert for education and promotion of dermatologic products. January 2001.

Medicis. Media spokesperson for consumer awareness of dyschromia and possible treatments of hyper pigmentation. February 2001.

Neutrogena. For media relations before introduction of new self-tanning and skin care line. 1999. Dermatology consultant for introduction of new Men's Skin Care line. 2002.

Guthy-Renker. Acted as an expert advisor for a new product line specializing in anti aging. The used techniques were concentrating on vitamin C and oxygen properties, 1999.

HONORS & ACTIVITIES

- 2008** **Member of *Who's Who Among Executive and Professional Women* and *2008 Honors Edition*.**
- 1992-1993** **Chief Resident – Dermatology: Downstate Medical Center**
- Yale University School of Medicine**
- 1986** **Yale Summer Research Fellowship Class President**
- 1987-1989** **Class President**
- 1987-1988** **Yale Medical School Student Council President**
- 1986-1987** **Student Representative to the Yale Medical School Council**
- 1986-1987** **Medical School Representative to the Yale Alumni Executive Committee**
- 1985-1987** **Yale Graduate School Senate**
- 1987-1988** **Medical School Representative to the committee for the creation of the Yale Medical Coop**
- 1989** ***Alpha Omega Alpha*-Medical Honor Society**
- 1989** ***Cum Laude* - Highest Honors**
- 1989** **American Medical Women's Association: "Janet M. Glasgow Memorial Achievement Citation" for outstanding scholastic achievement from a female graduate**
- 1989** **National Student Research Award for research in Dermatology**

University of Pennsylvania

- 1985** **Phi Beta Kappa**
- 1985** **Summa Cum Laude**
- 1985** **Academic Honors: Psychology, Organic Chemistry**
- 1981-1983** **Students Helping Foreign Students, Committee member/tutor**
- 1981-1985** **Dean's List**

University of Madrid

- 1981** **Academic scholarship to study Spanish civilization, culture and theater arts**

Lower Moreland High School

Solitarian

National Honor Society

Academic Awards: Winner of highest graduate award in:

Amy B. Lewis, M.D.

**Mathematics and Russian, French, and Spanish Languages
Scholarship from the American Engineering Society, winner of state
competition
Scholarship for achievement in Spanish studies
Winner of Time Chronicle Newspaper Scholarship Competition**

PUBLICATIONS

Lewis, A.B. Laser Resurfacing in the Periocular Region. In: H.M. Spinelli, ed. *Atlas of Aesthetic Eyelid and Periocular Surgery*. Philadelphia: W.B. Saunders, 2004.

Lewis, A.B. Alpha-Hydroxy Acids. In: S. Wolverton, ed. *Comprehensive Dermatologic Drug Therapy*. Philadelphia: WB Saunders; 2001.

Hirsch R.J., Lewis, A.B. Treatment of Acne Scarring. *Seminars in Cutaneous Medicine and Surgery*. (United States), 20(3) p190-8, September 2001.

Alster, T.S., Lewis, A.B., Rosenbach, A.: Laser scar revision: comparison of CO₂ laser vaporization with and without simultaneous pulsed dye laser treatment. *Dermatol Surg* (United States), 24(12) p1299-302, December 1998.

Lewis, A.B. & Gendler, E.C.: Resurfacing with topical agents. *Seminars in Cutaneous Medicine and Surgery*, Vol 15; No. 3, p139-144, October 1996.

Alster, T.S. & Lewis A.B.: Dermatologic laser surgery: A review. *Dermatologic Surgery*. Vol. 22; (9), pp 797-805, September 1996.

Lewis, A.B., Alster, TS: Laser resurfacing: persistent erythema and post-inflammatory hyper pigmentation. *J Geriatr Derm*, Vol 4/No 3, January 1996.

Lewis, A.B., Leffell, DJ. An Integrated Program in Dermatology, Self-Assessment and Review. *Dermatologic Surgery in Cutaneous Medicine and Surgery*. J. Dover, ed. Philadelphia: WB Saunders;1995.

Lewis, A.B., Jensen, P.S. Effect of clomiphene citrate on bone mass in humans. *Yale Journal of Biology and Medicine*. June 1989.

Amy B. Lewis, M.D.

Jensen, P.S., Comite, F., Delman, M., Lewis, A.B., and Hutchinson, K.: New risk factors for osteoporosis. Radiology 165 (P).23, November 1987.

Comite, F. Jensen, P.S., Lewis, A.B., Hutchinson, K. Polan, M.L., & DeCherney,A.: GnRH analog therapy in endometriosis: impact on bone (In) Society for Gynecologic Investigation, Atlanta, March 1987.

PRESENTATIONS

February 2007. Speaker for "New Innovations in Cosmeceuticals Therapy." Educational Program of the 2007 South Beach Symposium Seminar. Miami Beach, FL.

January 2007. La Roche- Posay: Participated in the Clinical Council on Photo protection.

March 2006. Kiehls skin care: Guest speaker for the Kiehls New York City Flagship store. Topic was common dermatology conditions and skin care.

February 2006. "Growth Factors: New advancements in Growth Factors." Skin Disease Education Foundation symposium. 30th Hawaii Dermatology Seminar Kauai, HI.

February 2006. "Poly L Lactic Acid." Skin Disease Education Foundation symposium. 30th Hawaii Dermatology Seminar Kauai, HI.

February 2006. Live Patient Video Demonstration for Sculptra Injections. Skin Disease Education Foundation symposium. 30th Hawaii Dermatology Seminar Kauai, HI.

January 2006. "Essential Cosmetic Ingredients for Combating Aging Skin." IPL Educational Institute. 6th Epigacial International IPL Roundtable Westbury, NY.

March 2005. "Hyper pigmentation: Etiology and Treatment." Skin Disease Education Foundation symposium. 29th Hawaii Dermatology Seminar Maui, HI.

March 2005. "Rosacea: New Sun type Classification, Etiology and Treatment Options." Skin Disease Education Foundation symposium. 29th Hawaii Dermatology Seminar Maui, HI.

Amy B. Lewis, M.D.

July 2004. "Informed Consent, Preparation and Storage of Botulinum." Botox symposium speaker. Summer AAD 2004 New York, NY.

August 2002. "Skin Aging, Prevention and Rejuvenation Options in 2002." La- Roche Posay Ultimate School, New York, NY.

April 2002. "Topical Anti-aging with AHAs, Retinoids, Anti-oxidants, Botanicals and more." Westchester Dermatologic Society Sponsored by Medicis Pharmaceuticals.

July 2001. "Skin Aging and Topical Rejuvenation." Mount Sinai Cosmetic Lecture Series. Mount Sinai Hospital, New York.

March 2001. "The V-beam pulsed dye laser." The gold standard for Candela Laser Company workshop. New York.

November 2000. "New Filler substances: Hylan B. and Artecoll." New York Academy of Medicine, New York, NY.

October 2000. "The V-Beam pulsed dye laser." The gold standard for Candela Laser Company workshop. New York.

August 2000. "Acne scarring: Resurfacing vs. injectables." Academy of Dermatology 2000, Nashville, TN.

July 1999. "Resurfacing vs. Injectables for the Treatment of Acne Scars." Summer American Academy of Dermatology, NY.

October 1998. "Skin Aging: Etiologies and Treatment." Key Note Speaker for Aging and vitamin C as a Dermatological Active. La Roche Posay and Canadian Dermatology Update Symposium. Vancouver, BC.

October 1998. "Skin Aging, Prevention and Topical Rejuvenation." Canadian Dermatology Update Symposium. Vancouver, BC.

August 1998. "Lasers in Dermatology; What's New, What's True." American Academy of Dermatology, Chicago, IL.

July 1997. "The Use of the Vascular 585nm Flash Lamp Pumped Pulse Dye Laser." Focus Session. American Academy of Dermatology, New York, NY.

Amy B. Lewis, M.D.

July 1997. Laser Workshop. Faculty. American Academy of Dermatology, New York, NY.

November 1996. "Ultra pulse laser and skin resurfacing." Ophthalmology Grand Rounds, Bronx-Lebanon Hospital, NY.

April 14-17, 1996. "Comparison of a high energy ultra pulse CO₂ laser singly and in combination with the 585nm flash-pumped pulse dye laser in the treatment of Hypertrophic scars." American Society for Laser Medicine and Surgery, Lake Buena Vista, Florida.

April 14-17, 1996. "Improvement of facial rhytids and atrophic acne scars by a high energy pulsed CO₂ laser." American Society for Laser Medicine and Surgery, Lake Buena Vista, Florida.

May 1996. "Comparison of a high energy ultra pulse CO₂ laser singly and in combination with the 585nm flash-pumped pulse dye laser in the treatment of hypertrophic scars." American Society of Dermatologic Surgery, Palm Desert, California.

September 1996. "Ultra pulse CO₂ Laser Pre-Op Skin Assessment, Patient Preparation and Prophylaxis." Skin Laser Resurfacing and CO₂ Laser Blepharoplasty Clinical Workshop New Jersey Academy of Ophthalmology, Newark, New Jersey.

September 1996. "Post-Op Considerations and Care." New Jersey Academy of Ophthalmology, Newark, New Jersey.

September 1996 "Ultra pulse CO₂ Laser: Is It Really Better?" New Jersey Academy of Ophthalmology, Newark, New Jersey.

May 1996. "Improvement of facial rhytids and atrophic acne scars by a high energy pulsed CO₂ laser." American Society of Dermatologic Surgery, Palm Desert, California.

May 1994. "A Double Blind Comparison of the Anesthetic Parameters of Lidocaine vs. Lidocaine and Bupivacaine." American Society for Dermatologic Surgery, San Diego, CA.

December 1993, February 1995. Laboratory Instructor for the Basic surgery Course. American Academy of Dermatology.

June 1992. "Cicatricial Pemphigoid and Angioedema." 18th World Congress of Dermatology, New York, NY.

Amy B. Lewis, M.D.

December 1991. "Alopecia Areata around Halo Nevi: Not a Coincidence." American Academy of Dermatology, Dallas, TX.

RESEARCH

Washington Institute of Dermatologic Laser Surgery, Treatment of hypertrophic scars with the ultra pulse CO₂ laser alone and with pulsed dye laser. 1995

Department of Dermatology, SUNY Health Science Center at Brooklyn, Brooklyn, NY. Double blind study of topical Metronidazole in the treatment of Acne Vulgaris. 1992

Department of Dermatology, Yale University School of Medicine, New Haven, CT. Research in psoralen photochemistry and the use of anti sense DNA molecules. Advisor: Frank Gasparro, Ph.D. 1989

Department of Radiology, Yale University School of Medicine, New Haven, CT. Advisor: Pamela Jensen, M.D. 1985-1989

MD Thesis: The effect of the infertility drug clomiphene citrate, on bone mass in women, as measured by quantitative computed tomography of the distal radius. 1989

Department of Radiology/Department of Obstetrics and Gynecology, Yale University School of Medicine, New Haven, CT 1985-1988. Advisors: Pamela Jensen, M.D. and Florence Comite, M.D.

Osteoporosis Study: Participated in the development of a questionnaire to identify possible risk factors for osteoporosis in young women. Assessment of bone mass was performed to determine the significance of these factors.

Endometriosis Study: Examine the effect of intranasal nafarelin acetate, a GnRH analogue therapy, as a possible treatment for endometriosis. In addition, bone mass was monitored to determine whether it was affected by the above treatment.

The Pennsylvania Veterans Administration Hospital, Coatesville, PA. Research in the effect of the opiate receptor antagonist, naloxone, on serum levels of FSH and LH in rats. 1985. Advisor: Vanaja Ragavan, M.D.

Amy B. Lewis, M.D.

Massachusetts Institute of Technology, Cambridge, MA. Research in the effect of dietary saturated and polyunsaturated fats on the induction and promotion of mammary cancer in laboratory rats. Summer, 1983. Advisor: Adrienne Rogers, M.D.

ACADEMIC APPOINTMENTS

2005 - Present	Clinical Assistant Professor Department of Dermatology Yale University School of Medicine, New Haven, CT
1994-2005	Clinical Assistant Professor Department of Dermatology Downstate Medical Center, SUNY HSC Brooklyn
1995-2005	Director of Cosmetic Dermatology and Laser Surgery, Department of Dermatology, Downstate Medical Center, SUNY HSC, Brooklyn
1994-2005	Staff Physician, Dermatology King's County Hospital Center, Brooklyn
1995-1996	Associate Physician Washington Institute of Dermatologic Laser Surgery Washington, D.C.
1994-1995	Staff Physician, Attending Department of Dermatology Brooklyn Veterans Administration Medical Center
1993-1994	Staff Physician, Attending Department of Dermatology West Haven Veterans Administration